



# Panther Pride

University Preparatory School  
 2200 Eureka Way, Redding, CA 96001  
 (530)245-2790 phone - (530)245-2791 fax



## A MESSAGE FROM SUPERINTENDENT/PRINCIPAL PETERSON

### FEBRUARY IMPORTANT DATES

Feb. 3	I heArt Show-Sweetspot
Feb. 3	Talent Show
Feb. 4	High School Semi Formal Dance
Feb. 4-5	Dance Team Competition
Feb. 6	Early Release Day
Feb. 6-17	Pennies for Patients
Feb. 10-12	Dance Team Competition
Feb. 10-12	Junior Theater Fest. - Sac.
Feb. 11-12	Confucius Classroom to S.F.
Feb. 13	Lincoln Day-No School
Feb. 20	Washington Day-No School
Feb. 22-24	Mock Trial - SCOE
Feb. 22	Mathcounts Field Trip
Feb. 22-23	Academic Conferences
Feb. 25	Science Bowl-Simpson University
Feb. 27-Mar. 5	Public Schools Week
Feb. 27	Early Release Day



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### Visual and Performing Arts at U-Prep

The Visual and Performing Arts program at U-Prep is rich with opportunities for students to develop their creative energies, enrich their lives in meaningful ways, and find balance amid a rigorous academic curriculum. Under the tutelage of competent and caring teachers, students learn to tap into and develop their innate ability to think and express themselves through the arts. U-Prep junior high and high school students have multiple opportunities to engage in instrumental and vocal music, theatre, visual arts, and dance. Notably, 87% of U-Prep's student body is enrolled in at least one course visual and performing arts course!

Among the list of fine arts program offerings is one not offered anywhere else locally – dance. At the helm of the dance program is Marissa Kinneavy who joined U-Prep in 2008. Under Mrs. Kinneavy's leadership, the program has grown to serve 128 students, Dance I – Dance VI! Courses focus on multiple dance forms including ballet, modern, jazz, and musical theatre taught at beginning, intermediate, and advanced levels. The advanced dance courses include opportunities for student choreography, and all dance students participate in two major performances year. The 8th annual Just Dance! Event is coming up, March 3 and March 4. Please see the VAPA NEWS section for more details.

U-Prep also hosts a competitive dance team. This year's dance team consists of 14 students who auditioned for the opportunity. The dance team performs at various school functions and travels out of the area to compete against prestigious dance studios. The monthly school newsletter highlights the awards earned from competitions. This month, the dance team will travel to Fair Oaks for a new dance competition. Teams from Sacramento and the bay area will be present. Most of the competition will come from private dance studios. Other events happening in the spring include two conventions and competitions in Santa Clara and Sacramento. Go Panthers!

For the first time, Mrs. Kinneavy and the U-Prep Dance Team hosted a dance clinic. Twenty-eight youngsters, ages 8 to 13, from across the Redding community worked with U-Prep dancers to create a challenging and fun routine. This routine became the Varsity Boys Basketball halftime show the following Tuesday. Congratulations to all participants and the U-Prep Dance Team on providing outstanding entertainment at the home game against Sutter! Due to the high level of interest, the dance clinic will be offered again next year.

Please see pages 10-14 for more news related to U-Prep's exceptional Visual and Performing Arts department.

Best regards,

*Shelle Peterson*

Superintendent/Principal

### Who We Are - Our Vision

University Preparatory School is a small, grades 6-12, college preparatory school committed to university level preparation in fine arts, literature, languages, history, mathematics, science, and philosophy. Working together, University Preparatory School staff, parents, and community will offer students learning experiences needed to achieve their leadership and academic potential, to become creative thinkers, compassionate human beings, and ethical participants in a multi-cultural, democratic society. Students will be immersed in rigorous academics and meaningful extra-curricular activities and supported by a close-knit community of teacher/ advisors, which will enable them to choose any course of post-secondary education.

# ASSISTANT PRINCIPAL CORNER

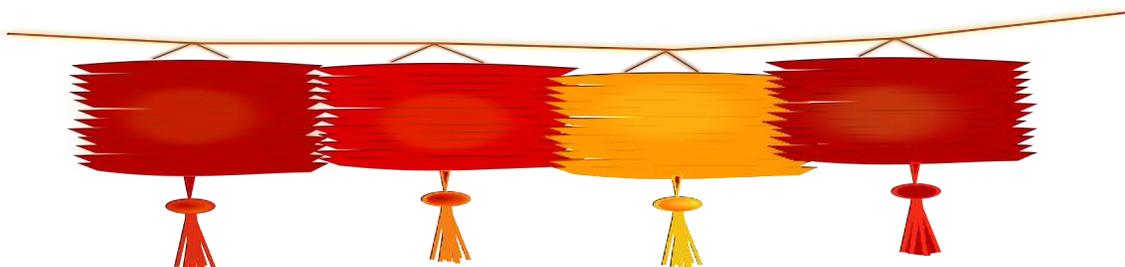
Rochelle Angley, Monica Cabral, Michele O'Leary

## The International Student Exchange Program at U-Prep

At U-Prep, students are prepared to achieve all five Student Learning Outcomes (SLO), one of which stipulates that a U-Prep student will be: **A Positive Member of a Diverse Society -- Able to demonstrate compassion and empathy throughout the community, both locally and globally.** One strategy the school uses to help our students serve locally and think globally involves inviting international students to visit our school and community, and sending our students out of the country to embark on an eye-opening and life-changing international experience. Since 2013, the Confucius Classroom at U-Prep has hosted students from China, and sent U-Prep students to China.

Each year, a group of 20-30 Chinese high school students visit Redding. Warmly welcomed by U-Prep students and families, they immediately feel at home and immensely enjoy their experiences at school and with their American host families. They are interested in observing the frequent interactions between the teachers and students, and compare this to their learning activities in China. They exchange ideas and compare notes with American students, which all enhances both the Chinese and American students' interest in global issues, cultural awareness and general knowledge. Opening their home and heart to Chinese visitors, host families give the visitors and themselves a rare opportunity to gain a new perspective, many fond memories, and, in many cases, a new family member for life. Much of the feedback from host families informs us that the visits of these international students give them an insight into the world beyond Redding.

U-Prep administrators have given their full support to the efforts of Confucius Classroom in sponsoring our students to step out of the country and see the world. To date, six summer trips to China have seen nearly 200 students visit more than 20 cities in over half of China's 32 provinces. International learning and knowledge propelled our students towards acceptance and understanding of an array of different cultural and community perspectives, enhanced their awareness, multi-faceted learning strategies, and improved their analytical and problem solving skills. Chinese language learners, in particular, saw their language proficiency soar through practical immersion.



## The International Student Exchange Program at U-Prep...cont.

Reflection papers by students upon their return from China revealed many interesting insights. For example, students reported that their maturity and social poise, fueled by the necessity to confront challenges outside a familiar support network and comfort zone, noticeably improved. In-depth interactions with another family in a foreign land fostered an enhanced appreciation of parents and families. This is often the most noticeable change. Other shifts included enhanced self-confidence and self-esteem as a result of self-development and awareness while being away from home. The tremendous sense of accomplishment upon program completion encourages students to develop their thinking, make informed decisions, and strive to attain fresh goals.

U-Prep graduates who went on China trips found themselves more comfortable in 'foreign' environments when they started their college studies. Even upon graduation from college, these students reported that their overseas experience with another language and culture was valued by prospective employers in almost every field.

All U-Prep staff take great pride in preparing our students for their college life and beyond. We will continue to make efforts to help prepare U-Prep students to become a positive member of a diverse society and a qualified global citizen with broad international perspectives. The international exchange program of U-Prep has proved to be an effective way to help our students reach that goal.

有朋自远方来，不亦乐乎！

"How delightful it is to have friends visiting us from afar!" – **Confucius** (551 B.C -- 479 B.C)



## College & Career Corner + Counseling News

By Ms. Haworth, Mr. Williams, & Mr. Maikranz



### CAREER DAY 2017

Staff and students are looking forward to U-Prep's 13<sup>th</sup> Annual Career Day on Monday, March 13<sup>th</sup>. During Career Day, 8<sup>th</sup> and 9<sup>th</sup> grade students will get to hear from a variety of different professionals representing many different fields. This year's key note presenters will be from the Shasta County Sheriff's department. Redding Electric Utility staff will provide our closing presentation. If you have questions, please feel free to contact Matt Williams at [mwilliams@suhsd.net](mailto:mwilliams@suhsd.net).



**SAINT  
MARY'S  
COLLEGE**  
of CALIFORNIA

#### Registration for 2017-18 School Year!

Course registration forms will be distributed to students in February. Counselors will meet with future 7<sup>th</sup> –12<sup>th</sup> grade students individually to review course requests. This is a great opportunity for counselors and students to connect, check on graduation requirements, and register early!

#### SPRING COLLEGE TRIP

UC SANTA CRUZ, CSU SAN JOSE, ST. MARY'S COLLEGE OF CALIFORNIA

U-Prep is planning the annual Spring College Trip on March 30-31, 2017. Students and chaperones will be traveling to UC Santa Cruz, CSU San Jose and St. Mary's College of California. After touring UCSC, there will be time to enjoy the Santa Cruz Beach Boardwalk. Permission slips are available in the Counseling Center. Please see Mr. Maikranz if you have questions or you may email him at [jmaikranz@suhsd.net](mailto:jmaikranz@suhsd.net).



**ATTENTION PARENTS OF CURRENT 8TH,  
9TH, & 10TH GRADE STUDENTS!**

**COLLEGE 101 INFORMATION NIGHT**

**MARCH 15TH, 2017**

**6:00 PM**

**UPSTAIRS, SMALL AUDITORIUM**

## College & Career Corner + Counseling News

High School Counselor: Kristen Haworth

Middle School Counselors: Matt Williams & Joe Maikranz

### Important Senior Dates and Activities

- ◆ College Admissions Acceptance March 1-31, 2017
- ◆ Deadline to Submit Cal Grant GPA verification form March 2, 2017  
U-Prep counseling center will submit
- ◆ Senior Exit Presentation Practice March 14 & 15, 2017
- ◆ Senior Exit Presentations March 27, 2017
- ◆ College/University Financial Aid Award Letters (Starting) April 1, 2017
- ◆ Senior/Junior Prom April 22, 2017

SENIORS: The FAFSA is now available. The due date for completion is March 2, 2017. You must complete this form every year to determine your eligibility for student financial aid.

## FAFSA – Free Application for Federal Student Aid

- [www.fafsa.gov](http://www.fafsa.gov)
- Collects you/your parents' information
- Creates an "Expected Family Contribution"
- Communicates information and EFC to financial aid offices at the colleges you list on the FAFSA





## In the Spotlight



# Mathcounts Club



Mathcounts Club held their annual school competition on Saturday, January 21. Students solved problems and puzzles, won door prizes, and had a great morning. We are excited to be sending **nine** students to the Regional Competition on February 22. Celeste F., Tommy N., Sophie M., and Nick P. will be representing our school for the team portion of the competition. Also competing at regionals will be Sehr G., Sartaj G., Chris P., Kenny L., and Cameron P. Wish them luck!

### 2nd Quarter Perfect Attendance Awards

U-Prep had 111 eligible students that qualified for Perfect Attendance for the 2nd quarter. The names of all eligible students were divided by grade and entered into a drawing for the 2nd Quarter Perfect Attendance prizes. For each grade level, one boy and one girl with perfect attendance were chosen at random for a prize. The following are the grade level winners:

**6th Grade:** Elijah R., Shania S.

**7th Grade:** Matthew S., Fiona M.

**8th Grade:** Titus G., Olivia P.

**9th Grade:** Cole S., Becca D.

**10th Grade:** David C., Millierose O.

**11th Grade:** Tyler G., AndiJoy M.

**12th Grade:** Aum K., Savannah T.

**Congratulations to all our Perfect Attendance Students and grade level winners!**



## AP PSYCHOLOGY & CLUB NO MORE

### Trip to One Safe Place

The AP Psychology class and Club No More attended a presentation and tour at One Safe Place. Students learned about the cycle of violence, the many forms of abuse, and the myriad of learning opportunities that are available to our community.



### Student Takeaways

**Elena:** Learning even more about helping victims of domestic violence has further fueled my interest in social work and inspired me to pursue a career that will allow me to make change in the world.

**Skyler:** One Safe Place is an amazing organization with such a caring and inspiring mission. I have heard so many stories of people who have gone through emotional and/or physical abuse and it is so heartbreaking, but with One Safe Place, they have a place to go to get their lives back on track in a safe environment.

**Arjun:** There are many forms of abuse and it is honestly very sad that the world has come to a this, but what gives me hope is places such as OSP who are there for the individuals who have experienced this.

**Will:** I was aware of the problem before the trip of course, but the fact that one in every three women and one in every seven men will experience this kind of abuse in their lives to me is staggering. It fills me with so much respect and gratitude for the people of One Safe Place, who find ways to help these victims recover and escape from terrible situations, and raise awareness to put a stop to domestic abuse and assault before it happens.

**Maddie:** Seeing the way that our community has come together to address the very serious issue of domestic violence is nothing short of inspiring.

**Claire:** It is human nature to think only for our own survival, but it was comforting and rewarding to see that numerous people are willing and to go out of their way to give money, time, or resources to people who need it.



In the  
**Spotlight**

# Mock Trial



## Mock Trial

U-Prep's Mock Trial Team competed in the Santa Clara County Office of Education Mock Trial Scrimmage over the January 13<sup>th</sup> weekend. The students have been working together since August in preparation for the Shasta County Competition, to be held at the County Office of Education on February 22<sup>nd</sup>. The group did an impressive job arguing each side of the case. Good luck in the County Competition!



# CHEER TEAM TO ANAHEIM

The junior high and high school cheer teams traveled to Anaheim, CA on January 28<sup>th</sup> to compete in UCA's West Coast Championship Cheer Competition at Disneyland. The teams performed amazingly well, had a wonderful time, and were division winners in their respective categories! What a great way to represent U-Prep and Northern California!



# AP RETREAT 2017

## ADVANCED PLACEMENT (AP) RETREAT SIGN-UPS

This year the AP Retreat will be at Lassen Pines in Shingletown and will be held for grades 10-12 from 10:30 am on Friday, April 28th through 2:00 pm Sunday, April 30. The cost of the Retreat (except for freshmen) is \$100 for the weekend, which includes meals and snacks, housing, t-shirt, any study aids and study sessions.

Freshmen are invited to the AP Human Geography study session from Friday, April 28 at 1:00 pm through Saturday, April 29th with a \$60 cost, which includes snacks, dinner, breakfast, a t-shirt, any study aids and study sessions with Mr. Nichols.

Permission slips and payments/deposits are due Friday, February 17th. Students may make a deposit of \$40.00 by the February 17th due date, but please note that deposits are non-refundable. To be guaranteed a spot, please submit a Course Offerings sheet, completed permission slip and deposit to the ASB Office by February 17th. Final payments are due on April 1st. Feel free to email: [carmstrong@suhsd.net](mailto:carmstrong@suhsd.net) with any questions.



# ASSOCIATED STUDENT BODY

JASPAL GADDY: JUNIOR HIGH ASB ADVISOR

KENT SMITH: HIGH SCHOOL ASB ADVISOR

## Spirit Week in Review

**Monday, January 30 - Saturday, February 4**

**Semi-formal dance theme: Rustic Elegance**

**Junior High Semi-Formal: Friday, January 27 ♦ High School Semi-Formal: Saturday, February 4**

### Turn Up the Spirit

**Monday, 1/30 - Glow UP = neon (AM Rally Day)**

**Tuesday, 1/31 - Ball UP = sports dress up**

**Wednesday, 2/1 - Giddy UP = Cowboy/Western theme**

**Thursday, 2/2 - Surf's UP = Beach theme**

**Friday, 2/3 - Turn UP (da Spirit) = U-Prep cloth**

**Saturday, 2/4 - Dress UP = Semi Formal (HS Only)**



## Junior High Semi-Formal Recap

The 7<sup>th</sup>/8<sup>th</sup> grades semi-formal dance was held on Friday, January 27<sup>th</sup>. There were over 200 students in attendance to enjoy a 'Night of Light', great music, yummy desserts, and fun pictures. The students looked amazing in their 'semi' attire and enjoyed the sparkling apple cider as well as the beautiful décor.

The next junior high dance will be held on Friday, March 17<sup>th</sup>...more information will be out soon!

### PENNIES FOR PATIENTS

Pennies for Patients will be from February 6<sup>th</sup> to February 17<sup>th</sup>; all donations can be made to ASAP classes and 100% of the donations will go directly to young people in the north state with blood cancers such as leukemia and lymphoma.



# VAPA NEWS



BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS

## DANCE TEAM



Congratulations to the U-Prep Dance Team for starting their competition season with a win! The Dance Team took three numbers to the NorCal Dance Team Competition held at West Valley High School. They competed against a handful of other schools from around the Northstate, and placed 1st and 2nd, along with receiving a judge's choice award. The next competition is in Fair Oaks, followed by two in Santa Clara.

The U-Prep Dance Department's 8th annual JUST DANCE! performance is right around the corner. Remember to save the dates March 3rd and 4th. Over 100 U-Prep dance students have been working hard for the past couple of months on their show pieces. Don't miss this wonderful production showcasing our students in jazz, musical theatre, ballet, and contemporary. Tickets will be on sale soon.

## DANCE CLINIC



The Dance Team hosted a dance clinic this past Saturday. Twenty-eight dancers from all over Redding ranging from 2nd grade to 8th grade participated. The fledgling dancers gained insight into how the U-Prep Dance Team works. The dance team taught the dancers a routine that they will get to perform at a varsity halftime. The dance team had a blast teaching the younger students, and they look forward to making this clinic an annual event.

**University Preparatory School Presents**

**The 8th Annual**

**JUST DANCE!**

**FRIDAY, MARCH 3RD & SATURDAY, MARCH 4TH @7PM**  
**2200 Eureka Way Redding, CA 96001**  
**David Marr Auditorium**  
**Adults \$7, Students \$5, Kids 5 And Under Free**  
**Tickets on Sale at UPrep**  
**For More Information Call 530-245-2790**

# VAPA NEWS

BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS



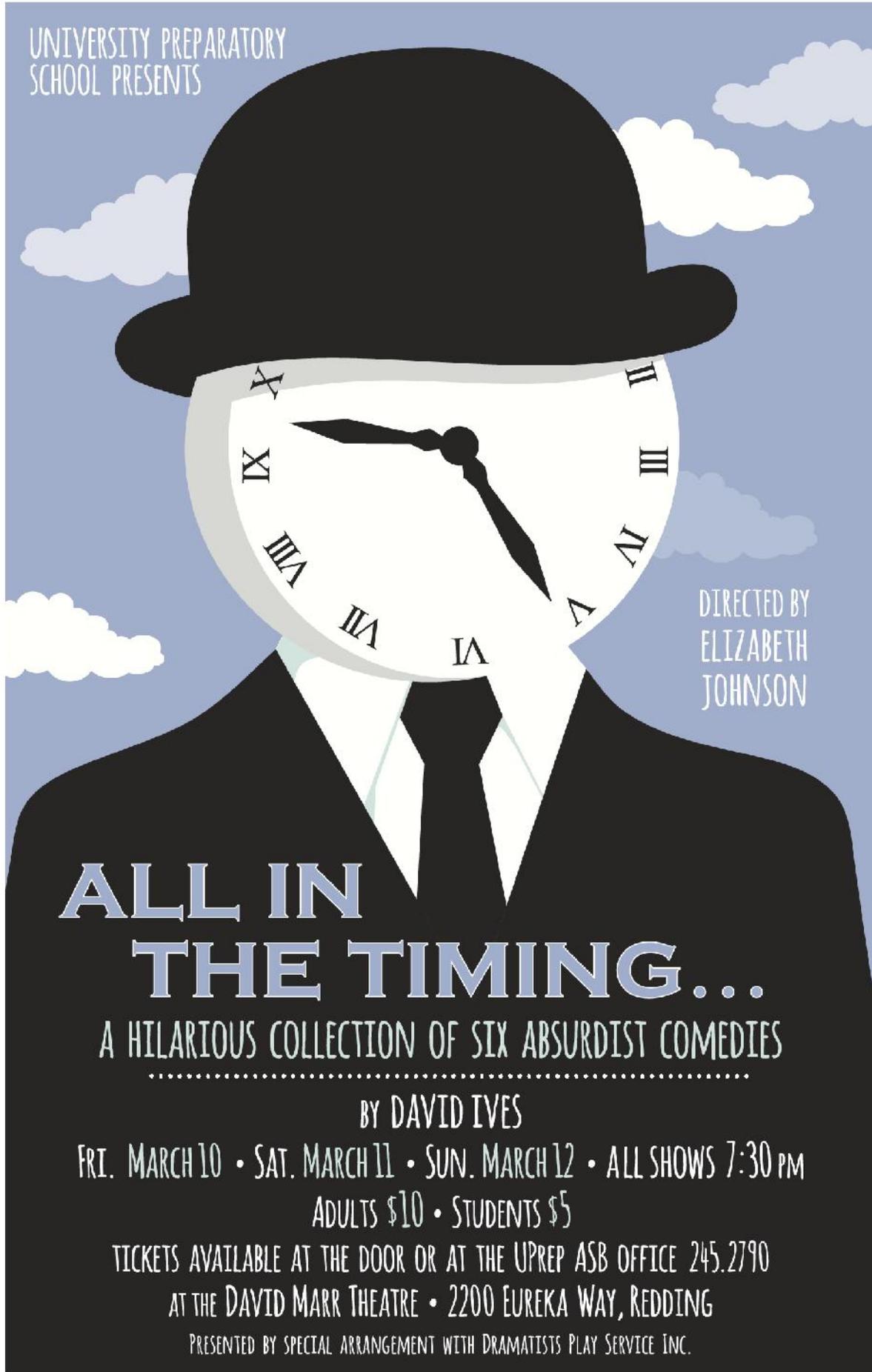
# JUNIOR THEATER FESTIVAL

A select group of musical students have been chosen to attend the first ever Junior Theatre Festival in Sacramento February 10-12. The Junior Theatre Festival, produced by the Junior Theater Group and under the educational and artistic supervision of iTheatrics, brings together students, teachers and Broadway professionals to celebrate outstanding student musical theater productions.

Events include adjudications, workshops for students, Broadway celebrities, a New Works Showcase, Awards Ceremonies and the largest collection of musical theater professional development under one roof. Held traditionally in Atlanta, GA over Martin Luther King Weekend, JTF has become a must attend musical theater event and has served as the launch for Disney's High School Musical and NBC's SMASH, and will be making its West Coast debut this year. The festival has welcomed guests such as Disney Theatrical Productions President, Thomas Schumacher, musical theater writers such as Alan Menken, Jeanine Tesori, Thomas Meehan, Martin Charnin, Charles Strouse, actors like Skylar Astin, Briga Heelan, Christian Borle, Brian D'Arcy James, Zac Efron and many more. Most exciting will be the appearance of Benj Pasek and Justin Paul, who have just won a Golden Globe and an Oscar Nomination for their La La Land original song compositions. The University Preparatory School group is so excited to attend the festival and I can't wait to report back all of the fun, learning, and theatrical networking that was had!

**U-PREP**  
**Celebration of the Arts**  
**MUSIC & ART DEPARTMENT FUNDRAISER**  
 (Only non-refundable donations for this event. Suggested donation \$5.00)  
**February 16th, 2017**  
**6:00 pm - 9:00 pm**

UNIVERSITY PREPARATORY  
SCHOOL PRESENTS



DIRECTED BY  
ELIZABETH  
JOHNSON

# ALL IN THE TIMING...

A HILARIOUS COLLECTION OF SIX ABSURDIST COMEDIES

.....  
BY DAVID IVES

FRI. MARCH 10 • SAT. MARCH 11 • SUN. MARCH 12 • ALL SHOWS 7:30 PM

ADULTS \$10 • STUDENTS \$5

TICKETS AVAILABLE AT THE DOOR OR AT THE UPREP ASB OFFICE 245.2790

AT THE DAVID MARR THEATRE • 2200 EUREKA WAY, REDDING

PRESENTED BY SPECIAL ARRANGEMENT WITH DRAMATISTS PLAY SERVICE INC.

# VAPA NEWS

BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS

University Preparatory School's Advanced Placement and Honors Artists participated in the "Art in Public Places" show at Redding's City Hall. Artists displayed a series of sophisticated art work with several artists in our community. The exhibition opened on January 27 in conjunction with the Annual Redding Cultural Cruise. Art in Public Places will be showing until May 2017. City Hall is located at 777 Cypress Avenue, it is open Monday through Friday from 8 am until 5 pm.



## UPCOMING VISUAL ART EVENTS:

February 3; heart show at Sweetspot, 1675 Hilltop 6-8 pm

February 17: Shasta County Arts Council High School Juried Art Show Awards. 1313 Market St., 5-7 pm

University Preparatory School  
Instructor: Lura Wilhelm

## heART Show

**SWEETSPOT:**  
1675 HILLTOP

**OPENING NIGHT:**  
FEB 3RD 6-8PM

**ON DISPLAY:**  
THE MONTH OF FEB

Art 1, 2, 3, 4 AP and HONORS Artists will be displaying their work at the Sweetspot the month of February. The show will display 165 hearts that illustrates the theme of a heart in a creative, unique and diverse manner. The expectation is for each heart to be different and display some kind of meaning. The opening is February 3rd from 6pm-8pm.



## Celebration of the Arts

Enjoy a lovely evening of music and art presented by  
University Preparatory School's  
Visual and Performing Arts Program:

February 16th from 6pm- 9pm  
Tickets \$5 at the door  
Located in the Stuart Gym

The Music and Art Departments are excited for the opportunity to host their 13th annual "Celebration of the Arts" on February 16th from 6-9pm in the Stuart Gymnasium. Admission is \$5 with tickets sold in advance by the students or at the door. With a complimentary chocolate truffle and glass of sparkling cider, our guests are welcome to appreciate the fine artwork on display, listen to performances by soloists and ensembles, mingle with friends and family, and bid on small auction items. A large portion of the proceeds from this event are dedicated towards our annual Music Scholarships so your support and attendance is greatly appreciated.

The Visual Arts Department will be displaying over 300 pieces of art. Students in Art 1, Art 2, Art 3, Art 4, Honors Art and AP Art will sharing their work with the public one night only at this show. Along with this huge display of diverse works, 10 high school students from AP Art, Honors Art and Art Club will be demonstrating their skills by creating a piece of art in one hour in the "Hour Art Challenge". You may purchase the 'Hour Art Challenge' works through a silent auction during the event. Along with the challenge, students from Art 2, 3 and 4 will be demonstrating relief printmaking and handmade print may be purchased at the show and the Junior High Art Club will be selling handmade art work throughout the show. Please help promote visual creativity by purchasing handmade original student art.

Image: Jim Dine "Eight Hearts"

# U-Prep Junior High Athletics



[www.uprepathletics.net](http://www.uprepathletics.net)

ROCHELLE ANGLEY JH ATHLETIC ADMINISTRATOR  
 MONICA CABRAL HS ATHLETIC ADMINISTRATOR  
 CORY REAGAN ATHLETIC DIRECTOR  
 SARAH KENDALL ATHLETIC SECRETARY

Our Junior High winter season continues to be a resounding success! Our 6th grade boys basketball team has a record of 10-2 and a tourney championship at the Grant Cougar Classic. . Our 7th grade team has compiled an 11-3 record with a championship banner from the Foothill Cougar Classic and a 2nd place finish at the Grant tourney. The 8th grade team has amassed a 12-3 record with tourney banners for the Foothill and Grant tournaments.

As the sun makes its appearance after our long rainy season we start setting our sights on the many Spring sports offer at U-Prep. We field two baseball and softball teams at the junior high level as well a non-cut track team.

**Boys Basketball**

**6th Grade Coach: Joe Maikranz**

**7th Grade Coach: Anthony Williams**

**8th Grade Coach: John Jones**

Feb. 1	MVMS @ MVMS	4:00/5:00/6:00
Feb. 4	Anderson @ Anderson (6th Only)	TBA
Feb. 6	Grant @ Grant	4:00/5:00/6:00
<b>Feb. 8</b>	<b>Parsons @ UPrep</b>	<b>4:00/5:00/6:00</b>
<b>Feb. 15</b>	<b>Sequoia @ UPrep</b>	<b>4:00/5:00/6:00</b>

**"A" Boys and Girls**  
**Baseball and Softball**

**Coaches: Kip Kinneavy and Nicole Ampì**

March 6	Monday	Shasta Lake @ UPrep	3:30
March 8	Wednesday	Redding Christ. @ RCS	4:00
March 13	Monday	Sequoia @ Sequoia	4:00
March 15	Wednesday	Grant @ UPrep	3:30
March 20	Monday	Parsons @ Parsons	4:00
March 22	Wednesday	Boulder Crk @ UPrep	3:30
March 27	Monday	Mt. View @ Mt. View	4:00
March 29	Wednesday	Grant @ UPrep	4:00
April 3	Monday	Parsons @ UPrep	3:30
April 5	Wednesday	Sequoia @ UPrep	3:30

**"B" Baseball**  
**Coach Mike Dean**

3/28	Tues.	Buckeye @ Bky	4:00
3/30	Thurs.	Mistletoe @ Mis.	4:00
4/4	Tues.	Sequoia @ Seq.	4:00
4/6	Thurs.	Turtle Bay @ TB	4:00
4/18	Tues.	Buckeye @ UP	3:30
4/20	Thurs.	Sequoia @ UP	3:30
4/25	Tues.	Mistletoe @ UP	3:30
4/27	Thurs.	Bethel @ Bethel	4:00
5/2	Tues.	Turtle Bay @ UP	3:30

**"B" Softball**

3/28	Tues.	Buckeye @ UP	4:00
3/30	Thurs.	Mistletoe @ UP	4:00
4/4	Tues.	Sequoia @ UP	4:00
4/6	Thurs.	Turtle Bay @ UP	4:00
4/18	Tues.	Buckeye @ Bky	3:30
4/20	Thurs.	Sequoia @ Seq.	3:30
4/25	Tues.	Mistletoe @ Mis	3:30
4/27	Thurs.	Bethel @ UP	4:00
5/2	Tues.	Turtle Bay @ UP	3:30

**Junior high track will start toward the end of March. Tune into the daily bulletin for more information on early season workouts and start dates!**

# U-PREP HIGH SCHOOL ATHLETICS

As we head into the month of February our high school boys and girls basketball teams find themselves entering the second half of their NAL league schedule. All teams have fought hard and have represented UPrep very well. As we move toward the end of the month both varsity teams will be setting their sights on playoffs! The U-Prep varsity wrestling team also has shown success in the past month. The team may be small in numbers, but makes up for it with their tenacity and heart placing very well in many area tourneys. Finally, spring is almost here, as such, student-athletes will be heading outdoors for baseball, softball, track, tennis and golf. Follow the bulletin for tryout dates and locations. Have a great day, Panthers!

**ROCHELLE ANGLE** - JUNIOR HIGH ATHLETIC ADMINISTRATOR  
**MONICA CABRAL** - HIGH SCHOOL ATHLETIC ADMINISTRATOR  
**CORY REAGAN** - ATHLETIC DIRECTOR  
**SARAH KENDALL** - ATHLETIC SECRETARY

**Boys and Girls Wrestling Coach: Keith Adams**

Feb. 4 Sat. JV Championships @ TBA  
 Feb. 11 Sat. NAL Championships @ West Valley TBA  
 Feb. 18 Sat. Division Championships @ TBA  
 Feb. 24-25 Fri-Sat. NSCIF Masters Fnl @ Rdg Civic Center  
 March 3-4 Fri-Sat. CIF State Champ. @ Bakersfield Ca TBA



**Girls Basketball**

**Varsity Coach: Steven Schuster**

**JV Coach: Joe Fernandez Frosh Coach: Bradd Miller**

2/2/17 Thurs. Anderson @ Anderson (Frosh) 4:30  
**2/3/17 Fri. Anderson @ UPrep (JV/V) 3:00/6:00**  
 2/7/17 Tues. West Valley @ West Valley 4:30/6:00/7:30  
**2/10/17 Fri. Yreka @ UPrep 4:30/6:00/7:30**  
 2/14/17 Tues. Lassen @ Lassen 4:30/6:00/7:30  
**2/17/17 Fri Central Valley @ UPrep 4:30/6:00/7:30**  
 2/21/17 Tues. NSCIF 1st Round Playoffs TBA 7:00  
 2/23/17 Thurs. NSCIF Qt. Finals TBA 7:00  
 2/28/17 Tues. NSCIF Semi-Finals TBA 7:00

**Boys and Girls Soccer**

**Boys Coach: Brian Nichols Girls Coach: Rich Bourne**

Feb. 2 Thursday Anderson @ And. River Park Girls 3:15 Boys 5:15  
 Feb. 3 Friday Lassen @ Lassen Girls 3:15 Boys 5:15  
 Feb. 7 Tuesday West Valley @ UPrep Girls 3:15 Boys 5:15  
 Feb. 9 Thursday Yreka @ Yreka Girls 3:15 Boys 5:15  
 Feb. 16 Thursday NSCIF 1st Round Playoffs TBA 3:00  
 Feb. 21 Tuesday NSCIF Semi-Finals TBA 3:00  
 Feb. 25 Saturday NSCIF Finals TBA 12:00

**Baseball**

**JV Coach: Brad Baker**

**Varsity Coach: Cory Reagan**

2/23-24 Foothill Tourney JV@ TBA  
 2/27 Orland @ UPrep (JV/V) 3:30

**Softball**

**JV Coach: Matt Williams**

**Var Coach: Bobby Shufelberger**

2/24-25 Durham Tourney JV TBA

**Boys Basketball**

**Varsity Coach: Mark Stephens**

**JV Coach: Paul Kaukonen: Frosh Coach: James Williams**

2/2/17 Thurs. Anderson @ Anderson 6:00  
**2/3/17 Fri. Anderson @ UPrep 4:30/7:30**  
**2/7/17 Tues. West Valley @ UPrep 4:30/6:00/7:30**  
 2/10/17 Fri. Yreka @ Yreka 4:30/6:00/7:30  
**2/14/17 Tues. Lassen @ UPrep 4:30/6:00/7:30**  
 2/17/17 Fri. Central Valley @ CV 4:30/6:00/7:30  
 2/22/17 Wed. NSCIF 1st Round Playoffs TBA 7:00  
 2/24/17 Fri. NSCIF Qt. Finals TBA 7:00



We are happy to announce that the Girls on the Run® program is returning to U-Prep!



Heart and Sole is the middle school program opened to all girls in the 6<sup>th</sup>-8<sup>th</sup> grade.

We will meet after school on Tuesdays and Thursdays in room 139 from 3:30-4:45. Our season will start mid Feb and is over mid-May.

***You do not need to be a runner to participate. The only requirement is that you want to have fun!***

Heart and Sole is a non-profit, positive youth-development program that instills self-esteem and strong values through health education, life skills development, mentoring and physical training.

Please see the attached flyer for important due dates.

We look forward to you joining us for the upcoming season!

~Your coaches: Karen Bird, Lisa Cranfill, Lonett Sowles

### **Heart & Sole IS MORE THAN A RUNNING PROGRAM.**

It's a Sport, It's a Club... It's a Place to Make FRIENDS Heart & Sole provides a chance to:

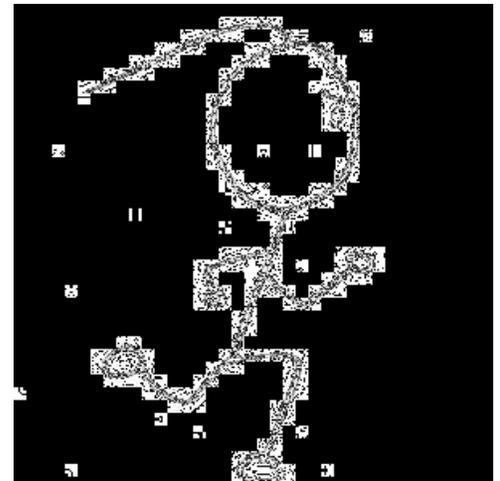
**LEARN about yourself**

**STAY ACTIVE & STRONG**

**BUILD lasting friendships**

**DEVELOP skills for high school (and beyond!)**

**ACCOMPLISH the GOTR 5K!**



*"Girls on the Run could make any girl fearless, because when you're surrounded by people you trust, respect and care for, nothing can hold you back from being the most beautiful person you have grown to be." – Josie, Heart & Sole Participant*



## Spring 2017 Program Details

Program Runs Week of February 27 – Week of May 15

End of Season 5K: Girls on the Run 5K, Saturday, May 13 – Turtle Bay  
McConnell Arboretum & Botanical Gardens

Team is limited to 15 girls

### REGISTRATION INFORMATION

Preferred Method: [www.gotrnorthstate.org](http://www.gotrnorthstate.org)

Paper Applications available in school office

**COST: 10 WEEK PROGRAM PLUS GOTR 5K REGISTRATION**

**REGULAR REGISTRATION (Jan 21-27, 2017 – if space available)**

\$125 – Household Income above \$75K/Year

\$90 – Household Income between \$75K-\$50K/Year

\$55 – Household Income between \$50K- \$25K/Year

\$25 – Household Income of less than \$25K

**LATE Registration (after January 27) will only be accepted if space is  
available (ADD \$10 to each fee category)**



PRESENTS:

# WOMEN in STEM Conference

(Science, Technology, Engineering and Mathematics)

6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade Girls

**SATURDAY,  
MARCH 18, 2017**

**8:00 AM TO 2:00 P.M.**

**James M. Grant Student Life Center  
SIMPSON UNIVERSITY  
2211 College View Dr.  
REDDING, CA 96003**



To increase interest, awareness and provide young women the opportunity to meet and form personal contacts with professional women in technical career fields

### Schedule:

8:00 - 8:30am	Registration/Breakfast
8:45 - 9:25	Welcome/Keynote
9:30 - 10:10	Session 1
10:20 - 11:00	Session 2
11:10 - 11:50	Session 3A, Lunch A
12:00 - 12:40	Session 3B, Lunch B
12:50 - 1:30	Session 4
1:30 - 2:00	Closing Session

### Registration link:

<https://www.eyhreg.org/registration.php?cid=13812>

Register early for optimum selection of sessions.  
Some sessions close.

**COST:** \$20 per student, \$20 per adult

**REGISTRATION AND PAYMENT MUST BE RECEIVED BY MARCH 3<sup>rd</sup> WHEN REGISTRATION CLOSSES.**

Some scholarships are available.

For more information visit [AAUWRedding.org](http://AAUWRedding.org) or email [AAUWReddingSTEM@gmail.com](mailto:AAUWReddingSTEM@gmail.com)



# YEARBOOK NEWS

**IMPORTANT  
NEWS!**

## 2016-2017 PANTHERA

The Panthera Yearbook is still on sale! Don't forget to order your son/daughter a yearbook! The cost is \$80 and if you order in February through Jostens.com and use the code NEWSLETTER, you can receive free customization.



## 8th Grade East Coast Trip

The 8<sup>th</sup> grade East Coast trip is already being planned for June 2017! All current 8<sup>th</sup> graders are invited to attend. The dates of the trip are June 4<sup>th</sup> to the 10<sup>th</sup>. The trip is split between Washington DC, Philadelphia and New York City. Early American historical sites and monuments will be visited in all three cities. It is not unusual to see more than thirty monuments. Every year the trip gets more exciting! You won't want to miss signing up for this trip! Chaperones are always needed, interested parents are encouraged to sign up. Please email Shannon Bright for more information: [sbright@suhsd.net](mailto:sbright@suhsd.net).



# ACADEMIC CONFERENCES

## FEBRUARY 22-23, 2017

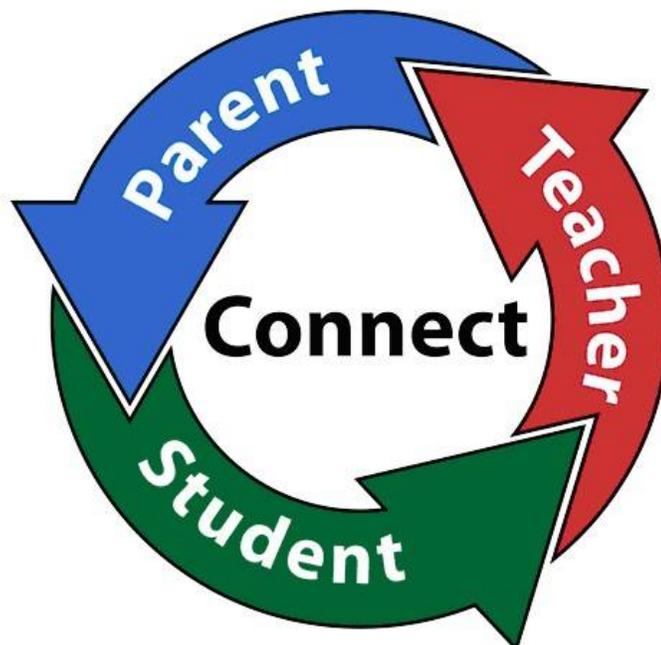
### All students released at 12:30 pm

**Parents:** Please arrange to pick-up your students at 12:30 if they are not staying for lunch or at 1:00 if they will be staying for lunch. **Conferences are scheduled from 1:00-4:00pm.** Please visit [uprep.net](http://uprep.net) for class period schedule. The After-School program will be open from 1:00 – 5:30.

U-Prep is pleased to offer two afternoons of Academic Conferences for our junior high and high school students. In an effort to prioritize resources, students who are struggling to achieve a “C” or better will be provided a 20-minute conference between 1:00-4:00pm on Wednesday, February 22 and Thursday, February 23. Mrs. Lanzi, Registrar, will contact parents to schedule a meeting time. Students are expected to be in attendance with their parents at Academic Conferences. The following agenda will be followed for Academic Conference meetings:

- Introduction of meeting participants;
- Review of academic progress;
- Discuss strategies and opportunities to improve future performance;
- Assist the student in developing an action plan for improvement. A copy of this plan will be distributed to the student and parent.

Due to the back-to-back nature of the conference schedule, we strive to honor the agenda in the timeframe allotted. If additional time is needed, then parents may request a follow-up meeting with the faculty by working with them directly or by contacting a school counselor.



# SUPPORT U-PREP

## SOBER GRAD 2017

**Sober Grad** is in full swing. Please help us give our 2017 graduates the gift of a fun, memorable, exciting, and substance-free graduation celebration! You can help by:

- **Join the planning committee**

Parents of any class are welcome to volunteer. Meetings are the 2<sup>nd</sup> Wednesday of the month; 6pm, Room 302.

- **Support Dine & Donate events**

- **Purchase a Sober Grad Certificate**

Certificates are purchased by local business, families, and friends, to fund a Safe & Sober celebration. Each school raises, and keeps, their own funds to provide an alcohol and substance-free, all night FUN graduation celebration of games, activities, prizes, & entertainment. This fundraiser and SG events have been benefiting seniors in Shasta County and keeping them safe since 1992. U-Prep has participated since it's first graduating class. More information can be found at:

<http://uprepsobergrad.questclubs.net>

The amount of your SG donation is:

- \* 100% tax deductible
- \* 100% goes to U-Prep's Graduation celebration
- \* 100% appreciated!



### PARENT VOLUNTEER POLICY

Dear Parents,



For clarification purposes, school districts, schools, including charters, are not allowed to require "volunteer hours" or payment of a fee in lieu of performing volunteer hours as a condition of admission, enrollment, continued enrollment, sibling preference, attendance, participation in educational activities or receipt of credit or privileges related to educational activities (EC Section 49011c). However, U-Prep still requests – not requires - that parents perform 10 hours per school year as a means to strengthen school-community relations and assist in the development of school programs and services. Thank you for your continued support!

#### **2016-2017 ATHLETIC BOOSTER CLUB MEETINGS**

February 6, 2017  
March 6, 2017  
April 3, 2017  
May 1, 2017

**Meetings will be held at 6:00pm**

## ATHLETIC BOOSTERS

#### **2016-2017 ATHLETIC BOOSTERS OFFICERS**

President: Lynn Maxwell  
Vice President: Chrissy Sullivan  
Secretary: Lisa Bryant  
Treasurer: Sara Clark



**IMPORTANT REMINDER  
FROM THE ATTENDANCE OFFICE:**

Students must have a Permit to Leave from the Attendance Office before leaving campus. If a student is ill, they are instructed to go to the health office where a call to a parent/guardian will be made. The Health Clerk will notify the attendance office and a permit will be issued. If a student has an appointment, the student needs to either bring a note that morning or the parent/guardian may place a phone call to the office at least one hour in advance of requested release time. Again, students may not leave campus without first obtaining a Permit to Leave. Leaving without a permit may result in a truancy.

**2016-2017 U-Prep Private Driver Application Guidelines**  
**Applications to provide transportation are now available in the main office or at [uprep.net](http://uprep.net).**

If you will be transporting students in the 2016-17 school year, you need to complete the application. Please allow 4-6 weeks for processing. Please return your application to the school office (faxed applications will not be accepted). Applications sent directly to the Transportation office will be returned.



**KEEP IN TOUCH**

U-Prep provides many communication options for parents to stay up-to-date with our latest news and happenings. Subscribe to our daily bulletin (Paw Prints), visit the [U-Prep Website](#) subscribe to Panther Pride, and/or check out the marquee! We periodically send emails, all-calls and mailings; if you have changed your address, phone number, or email, please make sure to notify our office.



## University Preparatory School 2016-2017 School Calendar

July 2016						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1st Quarter Ends: October 7 38  
 1st Semester Ends: December 16 (44)  
 3rd Quarter Ends: March 17 (50)  
 2nd Semester Ends: May 25 (43)

*Shaded = Student Attendance Days (175)*

August 2016						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2016						
Su	M	Tu	W	Th	F	Sa
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2016						
Su	M	Tu	W	Th	F	Sa
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2016						
Su	M	Tu	W	Th	F	Sa
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2016						
Su	M	Tu	W	Th	F	Sa
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2017						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2017						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2017						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2017						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- **Friday Office Hours:**  
2:45 p.m. release
- **Minimum Day Schedule:**  
1:10 p.m. release

May 2017						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2017						
Su	M	Tu	W	Th	F	Sa
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Final Exams
Minimum Day
Academic Conferences

HOLIDAYS/RECESSES	
Labor Day	Sep 5
Veteran's Day Holiday	Nov 11 <i>(by law must be Nov 11 if a weekday)</i>
Thanksgiving Break	Nov 21-25
Winter Break	Dec 19-Jan 3
Martin Luther King Day	Jan 16
Lincoln Day observed	Feb 13
Washington Day observed	Feb 20
Spring Break	Apr 10-17
Memorial Day	May 29
<i>Easter - April 16</i>	

CERTIFICATED DATES	
<b>School Starts:</b>	August 16
<b>School Ends:</b>	May 25
<b>Graduation:</b>	May 26
Staff Work Days	Aug 15 May 26 June 1
Staff Development Days	Aug 12 Jan 3 April 17
Snow Day Makeup:	April 17 <i>(if snow day makeup is used, then June 2nd will be a work day)</i>

Board Approved 3-2-16

**New Release!**

## University Preparatory School 2017-2018 School Calendar

July 2017						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

1st Quarter Ends: October 13 (42)  
 1st Semester Ends: December 20 (42)  
 3rd Quarter Ends: March 23 (51)  
 2nd Semester Ends: June 6 (40)

August 2017						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Shaded = Student Attendance Days (175)

September 2017						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2017						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2017						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2018						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2018						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018						
Su	M	Tu	W	Th	F	Sa
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2018						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2018						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2018						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Final Exams
Minimum Day
Academic Conferences

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<i>(by law must be Nov 11 if a weekday)</i>	
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Martin Luther King Day	Jan 15
Lincoln Day observed	Feb 12
Washington Day observed	Feb 19
Spring Break	Mar 30-Apr 10
Memorial Day	May 28
 Easter - April 1	

CERTIFICATED DATES	
School Starts:	August 16
School Ends:	May 31
Graduation:	June 1
Staff Work Days	○ Aug 15 April 10 June 1
Staff Development Days	△ Aug 14 Jan 8 April 9
Snow Day Makeup:	April 10
<i>(If snow day makeup is used, then April 10 work day will be moved to June 4)</i>	

Board Adopted 11-2-16